

Herbal Garden





A model herbal garden is established in the Department of Medical Research (Upper Myanmar) together with the research divisions, aiming to promote health research by conducting more studies on Traditional Medicine including medicinal plants. Strenuous efforts have been made for collection of medicinal plants from all over the country which are grown and regularly nurtured in field and two herbal gardens. Up to now, 442 species of medicinal plants are grown and maintained. The university students of Medical, Paramedical, Science University, trainees from Central Institute of Civil Service (Upper Myanmar) and other interesting persons yearly come and visit to observe the medicinal plants in this herbal garden.



Traditional Medicine research is one of the main missions of the department. Research activities related with Traditional Medicines including efficacy and acute toxicity of medicinal plants, traditional medicines formulations and popular drugs sold in the market especially for treatment of the six priority diseases i.e., diabetes mellitus, hypertension, malaria, diarrhea, dysentery and tuberculosis are mainly conducted in the department.



Meetings on traditional medicine research are held regularly in cooperation with other partner departments under Ministry of Health and Education. More research has been done in collaboration with Medical Universities, Department of Traditional Medicine and Universities of Arts and Science.



The department has already published two volumes of *myanmar medicinal plants* (in Myanmar language) at 2006, 2007, **Traditional Medicine Findings (2000–2013)** at 2013 and is being used as references by students, researchers and the public. A mini-herbal museum is also established in the Department at 2009, purposing to maintain crude drug samples of the previous research and the parts of medicinal plants used are preserved naturally.

